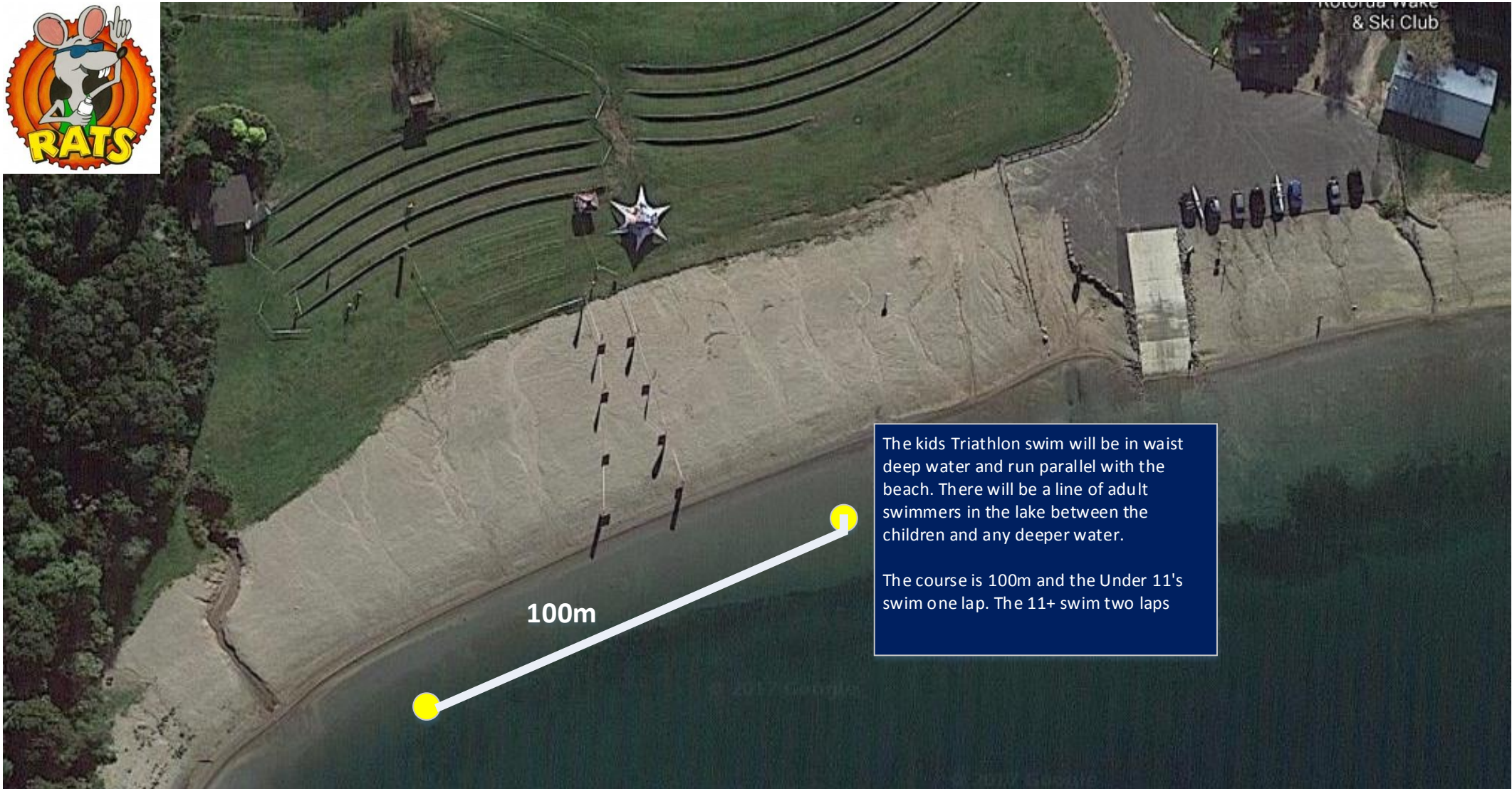


KIDS TRI – SWIM COURSE – Saturday 28 January 2017



The kids Triathlon swim will be in waist deep water and run parallel with the beach. There will be a line of adult swimmers in the lake between the children and any deeper water.

The course is 100m and the Under 11's swim one lap. The 11+ swim two laps